



Growing Through Gratitude

Thankfulness, studies show, has multiple physical, mental and emotional benefits. Psychologist Robert Emmons calls gratitude "fertilizer for the mind" because of its powerful effects.

He admits gratitude isn't always easy — especially when life throws us curveballs (see the year 2020) — but says it can be most helpful during and after difficulties. Emmons

suggests reframing challenges using thankfulness-based language. Ask, for example: Though I wasn't grateful for the experience at the time, how can I be now? What lessons did I learn, and how did I grow as a person?

Throughout his letters, the apostle Paul reframes his extensive sufferings and urges us to do the same. "Give thanks in all circumstances," he writes, "for this is God's will for you in Christ Jesus" (1 Thessalonians 5:18, NIV).

Christmas Poinsettias

It's Poinsettia Time again. Each year during the Advent and Christmas season, we use poinsettias to decorate the Church Sanctuary and take time to remember and honor loved ones, family, and friends. There will be order forms at the back of the Sanctuary and in the Sunday school rooms. You may also call the church office or look on the church website to purchase your poinsettias.



SUNDAY, NOVEMBER 19

9:00 a.m. Contemporary Service

9:50 a.m. Sunday School

11:00 a.m. Traditional Worship Service

11:00 a.m. Live Stream Worship

THURSDAY, NOVEMBER 23

Thanksgiving Day

SATURDAY, NOVEMBER 25

9-12 noon Methodist Market

SUNDAY, NOVEMBER 26

9:00 a.m. Contemporary Service

9:50 a.m. Sunday School

11:00 a.m. Traditional Worship Service

11:00 a.m. Live Stream Worship

1:00 a.m. Chancel Choir Practice

5:30 p.m. Solid Ground Youth

WEDNESDAY, NOVEMBER 29

4:30 p.m. Ladies Handbell Choir

5:30 p.m. W.O.W. Children's Ministry

6:00 p.m. Chancel Choir

6:15 p.m. Snack Supper

6:30 p.m. Youth

SATURDAY, DECEMBER 2

9-12 noon Methodist Market

NOVEMBER Birthdays & Anniversaries

- 19. Seward Perry
- 20. Bill Anderson Lanie Potter
- 24. De Paul
- 26. Louis Thompson Rita Sanders
- 27. Butch Gary
- 30. Jenny Whitaker
- 1. Bill McNair

- 25. Mr. & Mrs. John Howie
 - 1. Mr. & Mrs. Larry Laferty



Thank you to all who prepared Shoe boxes for Operation Christmas Child. Many children will enjoy and feel the love of Christ though your gift!



Sunday, November 12, 2023, **Thomas Bane Phillips,** infant son of Laura Catherine and Brad Phillips received the sacrament of Baptism at First Methodist Church.



Congratulations to Hannah and Matt Matrick on the birth of their son, **Elijah Thomas Matrick**, who was born Tuesday, November 14, 2023.

STEWARDSHIP

If you have not filled out your **Intention of Giving** form or the **Time and Talent Survey** for 2024, there are blank forms available through the church office. Thank you.

Foster Children's Ministry

This Christmas, please consider joining in our ministry to Yazoo County's foster children in one or more of the following ways:

- 1. Commit to praying for a foster child and/or foster parent in 2024.
- 2. Assist in purchasing and wrapping Christmas gifts for a child.
- 3. Make a financial contribution (money may be turned in to the church office and designated for the Foster Children's Ministry).

God has used the prayers and gifts of our church and community to share His love and to change lives! Call or text if you would like to participate.

Allison Hughes, 662-571-4964



Bible

For the month of November, we will begin a new series called *Following Wisdom*. The lessons we will be covering are "God's Wisdom," "Wisdom for Problems," "The Way to God," and "Keep Going God's Way." These

lessons begin after the death of King David, and take us through the reign of his son, King Solomon. Solomon was young when he became King, and he looked to God for guidance. For the next few weeks, we will be studying about the wisdom of King Solomon.

W.O.W. Wednesday

Wednesday night Bible Study for Grades K-6th will begin at 5:30 p.m. This year's Bible Study will be Bible-in-Crafts. We have been enjoying all the amazing stories in the Bible from the Book of Genesis. As we begin the month of November, we will be learning about God's faithfulness to Abraham. We will be talking about Isaac, Jacob and Esau, and the redeeming story of Joseph. Supper will be at 6:15, and we will dismiss at 6:30 p.m.



Sunday and Wednesday Night Youth Group have been talking about the importance of living a Christ-like life. We all have a story that God is writing for each of us. Sunday nights we have been having a great group of youth who continue to show up ready to study God's word. We have made a slight time change for Sunday's and will be gathering at 5:30 for this semester. Wednesday Nights we will have supper at 6:15 p.m. followed by Bible Study at 6:40 p.m.

WINTER XTREME

The youth will be attending **Winter Extreme** in Branson, December 27-29. We will hear multiple speakers and Christian Artists. We will also have a few activities planned in the Branson area. Final payment of \$50 is due by November 15th for those who still owe.

Spring Break

There has been interest among the youth to plan a trip during Spring Break. Options have been presented, and a sign-up/interest deadline has been set for November 8th, for the trip to come to fruition. If nothing is done, there will be no trip.

Sunday, November 19, 2023

Greeters
Scripture
Sermon
Flowers
Sandra Martin/Millie Phillips
Philippians 4:4-9
"The Thanksgiving Secret"
Wanda & Tommy Woodard

Sunday, November 26

Greeters LaShone Robins/Linda & Edwin McDonald
Scripture Hebrews 4:12-16
Sermon "Standing on the Word"
Flowers Christy & Albert Vandevere

DAILY BIBLE READINGS

NOVEMBER

Mark 13:1-8
Matthew 6:24-33
Luke 13:18-19
2 Samuel 23:1-7
Psalm 126
Psalm 132:1-12, (13-18)
Revelation 1:4b-8
Matthew 25:31-46
Numbers 27:15-23
Zechariah 11:4-17
Jeremiah 31:10-14
passion Isaiah 64:1-9
ER
1 Corinthians 1:3-9
Micah 4:1-5